



# **World Para Powerlifting**

## **Appendix 11:**

### **Hybrid Competitions Requirements**

Version 1.1

2025

World Para Powerlifting  
International Paralympic Committee  
Dahlmanstraße 2 Tel. +49 228 2097-260  
53113 Bonn, Germany Fax +49 228 2097-209

[www.paralympic.org/Powerlifting](http://www.paralympic.org/Powerlifting)  
[info@WorldParaPowerlifting.org](mailto:info@WorldParaPowerlifting.org)

# Table of Contents

<b>1</b>	<b>General .....</b>	<b>3</b>
1.1	Definitions .....	3
<b>2</b>	<b>Competition Hosts Requirements .....</b>	<b>4</b>
2.1	Application .....	4
2.2	Sport Equipment .....	4
2.3	Technology .....	4
2.4	Management.....	5
2.5	Branding .....	6
<b>3</b>	<b>Competition .....</b>	<b>7</b>
3.1	Rules.....	7
<b>4</b>	<b>Version History.....</b>	<b>7</b>

# 1 General

This Appendix sets out the requirements for any Local Organising Committee (LOC), coach or Athlete taking part in a Hybrid Competition. It will focus on the technical requirements and rules to ensure a smooth participation.

This Appendix may be periodically updated to ensure the most current practices are in place.

## 1.1 Definitions

Term	Definition
<b>Approved National Competition</b>	A National Competition recognised by WPPO where results are published for the purposes of the WPPO World Rankings.
<b>Hybrid Competition</b>	A combination of minimum 2 Approved National Competitions being combined to form an international WPPO Approved Competition where athletes compete for 2 medals (National level) and (International level). And where results are published for the purposes of the WPPO Hybrid World Rankings
<b>Local Organizing Committee (LOC)</b>	Local Organising Committee is the official host delivering the Competition in a designated venue.

## 2 Competition Hosts Requirements

### 2.1 Application

Any LOC applying for a WPPO Approved Competition through the SDMS portal may request to host a Hybrid Competition. This application must be completed in full at a minimum of 3 months before the Competition starts. Otherwise, it will not receive the WPPO approved recognition. Recognition of the Competition as a Hybrid Competition is at the absolute discretion of WPPO.

### 2.2 Sport Equipment

- 2.2.1 All venues must meet the requirements for National Competitions stated in **Appendix 5** of the WPPO Rules and Regulations.

### 2.3 Technology

- 2.3.1 Reliable internet connection in the Competition area
- 2.3.2 A minimum of 1 camera is required:
  - 2.3.2.1 Ensure the camera is setup in front of the FOP
  - 2.3.2.2 camera set approximately 1.2 metres in height from the ground;
  - 2.3.2.3 camera view is stable (no movement) and the view never obstructed;
  - 2.3.2.4 camera view is horizontal/landscape format.
- 2.3.3 Access to 1 computer supporting the Chrome browser (Windows, macOS, Linux, and Chrome OS)
- 2.3.4 Access to Excel
- 2.3.5 All participant LOCs must Display:
  - 2.3.5.1 1 attempt board, 1 FOP Scoreboard, 1 warm up Score Board, 1 livestream of the competition through the Front camera
  - 2.3.5.2 Main laptop to display through wired connection:
    - a) HDMI/VGA Cables
    - b) HDMI/VGA Splitters

## 2.4 Management

- 2.4.1 The Hybrid Competition is managed in the same way as the National Competition.
- 2.4.2 The responsible LOC will need to appoint one operator to manage all data input and results.
- 2.4.3 The operator must be a certified WPPO Technical Official and may operate as weigh-in, Marshall and Timekeeper.

	Responsible LOC	Other LOCs taking part in the Hybrid Competition
<b>Registration</b>	<ul style="list-style-type: none"> <li>Managed by the designated Technical Delegate</li> <li>Use of WPPO template for National Competition</li> <li>Final entries must be inputted into the OVR system by the operator before the start of the Competition</li> </ul>	Gather all entries and submit them to the responsible LOC who will integrate them in the OVR system
<b>Technical Meeting</b>	<ul style="list-style-type: none"> <li>Online with other registered LOCs in the Hybrid Competition.</li> <li>Any bodyweight change must be communicated to the Technical Delegate who will inform the operator to make any change into the system.</li> </ul>	<ul style="list-style-type: none"> <li>Online with the responsible LOCs of the Hybrid Competition</li> <li>Any bodyweight change must be communicated to the Technical Delegate who will inform the operator to make any change into the system</li> </ul>
<b>Weigh-in, Rack Height &amp; 1st attempt declaration</b>	To be manually inputted in Lifting Cast by the operator	<ul style="list-style-type: none"> <li>The TD will send all information to the designated TD</li> <li>The operator will input the data</li> </ul>
<b>Judging &amp; Results Input</b>	2 possibilities: a) Thee 3 Referees will judge manually using cards or flags. The operator will immediately input the Referee decision in the OVR system	2 possibilities: a) The 3 Referees will judge manually using cards or flags. The TD will immediately inform the Operator of the OVR to be inputted in the system.



	b) The 3 Referees will use live scoring through the OVR website through any device	b) The 3 Referees will use live scoring through the OVR website.
<b>Results</b>	Once the data is inputted in the OVR system (manually or automatically depending on the above) the scoreboard and attempt board will display the results and next athlete.	Once the data is inputted in the OVR (manually or automatically depending on the above) the scoreboard and attempt board will display the results and next athlete.
<b>Rankings</b>	Both national and Hybrid rankings can be displayed through the OVR system	Hybrid rankings will be available through the OVR system
<b>Weight change</b>	Any weight change must be done through the Marshall/operator	Any weight change must be done through the Marshall/operator
<b>(Competition Flow) Livestream</b>	The Competition must be livestreamed to all participant LOCs	The Competition must be livestreamed to all participants LOC

## 2.5 Branding

2.5.1 Each participating LOC is responsible for designing a backdrop with the name and date of the Competition.



## 3 Competition

### 3.1 Rules

- 3.1.1 The Hybrid Competitions will be held in accordance with the current WPPO Rules and Regulations as Power Events.

## 4 Version History

Version	Date	Comments
1.0	2022-02-21	Initial document creation.
1.1	2025-04-15	Update related to new competition cycle 2025-2028.